

# INTERCONNECT DINNER

## DIALOGUE SERIES

FALL 2016

wednesdays 6:30 pm to 7:30 pm @  
the Asian American Cultural Center  
(1210 W. Nevada St., Urbana)

### SEPT. 7th - International Student Welcome Session

So you have gone through the orientation, and enjoyed your first two weeks of campus life. What's next? How to make the most of the U of I experience? Come to hear what advice and tips our senior international students have to share with you.

### SEPT. 21st - Survival Jeopardy! International Edition

"This is Jeopardy! - America's Favorite Quiz Show" If you think you know all about campus resources (or want to learn about them), join us for this fun game! You might even win some prizes!

### OCT. 5th - Relationships 103: Strategies to strengthen your relationships

Satisfying relationships need nourishment and work. Find out the strategies that could help your relationships grow closer and healthier.

### OCT. 19th - Mindfulness: Discovering a peaceful mind for success

Our world is busy and can be stressful at times. Join us in discovering inner calm that can help you take steady steps toward success in life.

### NOV. 2nd - Keeping up with Technology: Useful apps for everyone!

You're probably reading this on your smartphone so we know you must rely on it a lot! Did you know there are a lot of useful apps you can use for time management and living a healthy lifestyle?

### NOV. 16th - Holiday Special

Learn about some American holiday traditions and join us for a meal!

The InterConnect Workshop Series is a collaboration between the Office of Inclusion and Intercultural Relations (International Ed), International Student and Scholar Services, Asian American Cultural Center, Counseling Center, and Family and Graduate Housing. The purpose of the workshops are to provide international students information on different aspects of American culture and a safe space to ask questions. We also discuss different university resources and ways to make the most of your experience at the University of Illinois. Food and refreshments are provided.

#InterConnectUIUC



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