



## STRONG Kids/HDFS 494

### FRC Undergraduate Research Program

### Fall 2017/Spring 2018

The **STRONG Kids Program** is a comprehensive and transdisciplinary approach to the study of the connections between food and family and how these relationships can contribute to child and family health. This two-semester year-long supervised research course is designed to provide students with a first-hand experience working as part of a research team as well as to help them develop a working knowledge of the theory and applications of transdisciplinary research used to guide the Food and Family Program.

You are eligible to sign up for this course if you:

- Have Sophomore, Junior or Senior standing for Fall 2017
- Are available to work regular hours on an assigned research project at least 6 hours/week (if taking course for 2 credit hours) or 9 hours/week (if taking course for 3 credit hours) between 8:30 a.m. - 7:30 p.m. Monday-Friday. Need to have at least two 3-hour blocks of time each week. One block MUST be evening hours (after 4:00 p.m.). No exceptions.
- Are able to attend class every other week on Tuesdays from 4:30 p.m. - 6:00 p.m.

Visit [go.illinois.edu/HDFS494](http://go.illinois.edu/HDFS494) to apply and to learn more about:

- The STRONG Kids research program
- STRONG Kids research sub-projects
- A list of project investigators and their affiliation(s)
- FRC Undergraduate Research Program
- Examples of research activities
- Course expectations
- What students are saying about their involvement with the FRC Undergraduate Research Program
- Examples of student research work

The purpose of this transdisciplinary project is to examine how genetic, family, community, child care provider, cultural, and media factors contribute to the development of childhood weight imbalance, obesity, health behaviors, and health beliefs. Findings will serve as the basis for obesity prevention and intervention programs.

The research team includes investigators from the following disciplines: Communication, Human and Community Development, Food Science and Human Nutrition, Kinesiology and Community Health; Social Work; Medicine, and the University of Illinois Extension.

**CONTACT**

Brenda Koester  
Assistant Director  
Family Resiliency Center  
217-244-6486  
[bkoester@illinois.edu](mailto:bkoester@illinois.edu)

