



FRC

FAMILY
RESILIENCY
CENTER
AT ILLINOIS



Abriendo Caminos

Clearing the Path to Hispanic Health

Earn money and learn about healthy lifestyles for families

WHO?

Mexican and/or Puerto Rican families with at least 1 child age 6-18

WHAT?

Learn about family wellness

WHERE?

Champaign, Urbana, and Rantoul

WHY?

To promote health among Hispanic families

WHEN?

Between 3-6 sessions (1-2 hours each)

For more information, contact us:
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